



SORAK Development Agency

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NPO法人グローバルブリッジネットワーク
Global Bridge Network

“Improvement of school environment to combat Menstrual Hygiene Management (MHM) challenges to Stop Adolescent Girls’ School Dropouts in Uganda”

Project Period: April to December, 2019

Activity Title: Training of Trainers in reusable sanitary pad in Kiwulwe village Entebbe by Hope for Future in partnership with SORAK Development Agency.

Date and Location:

No	Date	Location
1	20/08/2019	Kiwulwe-Entebbe

Introduction:

Hope for the Future in partnership with SORAK Development Agency with support from Global Bridge Network Organized the training in reusable sanitary pad in August 2019. The training was held in the hard to reach communities of Kiwulwe Entebbe District with the aim of addressing issues concerning menstrual hygiene management with the intent of reducing school drop outs among girls with a long term goal of increasing enrollment and retention of a girl child in school It is for the above concerns that the training was rendered active and guided by the following objectives;

Purpose/ Objective of training/ activity:

1. To equip and acquaint rural girls with the skill of making their own reusable sanitary pads.
2. To promote menstrual hygiene management among women and adolescents not attending school
3. To ensure that girls get reliable knowledge from an informed and authentic source regards to menstrual hygiene management and the making of reusable sanitary pads.
4. To promote gender equity and retention of girls in schools throughout the school academic years being equipped with these skills of reusable sanitary pad making which enable girls to stay in school and have same education with boys

Background

Kiwulwe Village is a vulnerable community in Entebbe District, women and adolescents have experienced challenges concerning menstrual hygiene management. With the vast support from SORAK Development Agency and Global Bridge Network we managed to find the possible solution by impacting skills. This activity mainly has equipped the adolescents with skills of making their own reusable pads and this has increased confidence especially to school girls who miss classes because of menstruation.

Participants:

The details of participants capturing the age and education status is the attachment (last pages)

Location	Male/others	Female/others	Total
Kiwulwe P/S Entebbe	01	48	49

(see the brochure attached)

Facilitators:

1. Muhammad Kyeyune: Executive manager of SORAK
2. Nalwanga Shamim Ggombe: Project manager of SORAK
3. Babirye Maria Gorret: Project assistant

Activities:

The following activities were held.

1. Opening remarks from Director SORAK and Hope for future
2. Measurements and showcasing of materials used in making of reusable sanitary pads to trainees
3. Trainees try out measurements into two separate groups
4. Making cut outs from measurements and sewing of reusable sanitary pads.
5. Award of SORAK happy pad reusable sanitary made pads and start up material to best participants from both groups

Activity photos



Opening remarks from Director SORAK and Hope for future



SORAK facilitator demonstrating how to take measurement of materials to get frame.



Participants try out measurements to make frame



Participants cut out frame and begin sewing reusable sanitary pads.



SORAK team awards happy pads to best participants



Group photo after the training

Outcomes:

1. Pad making exercise was the most exciting for all the participants which showed too much love for the project, therefore we have potential business oriented people to move it to another level. That is make the pads for sale as well as train others to do the same project.
2. This activity was appropriate and enjoyable because there was a product at the end and the most needed by the majority people.
3. The best participants were awarded with SORAK made reusable happy pad sanitary pad and start up materials for business oriented best participants.
4. This activity provided hands on skills that can generate income for the people if given support in terms of materials, machines among others.
5. The participants were able to learn how they can manage reusable sanitary pads and stay clean and healthy (MHM) after the training.

Major challenges:

1. The training had interruptions from other ongoing activities in the community. The community had some ongoing function scheduled on the particular day of the training but was solved by double checking of all the participants supposed to attend.
2. The high illiteracy levels among the trainees, some of the trainees took long to understand but this was solved by recaps and helping them on individual basis by the facilitators until they were on the same page.
3. There is a challenge of dependence, most trainees expect to be given tools to continue making pads which is not the case because of lack of funds to support them.
4. The period was too short for the training as it needed like more days to fully master the skill of pad making.
5. The training time was too short for the illiterate trainees to quickly grasp the information shared.

Recommendations:

1. There is need to change venue for other coming trainings in future such that the participants are not interrupted in any way. It was unfortunate during the training, a child got burnt while receiving food at the site and this was an opportunity for the children to have a meal which can take them for days without food.
2. The participants suggested that more similar trainings should be organized for many more willing girls and women.
3. For sustainability, there is an urgency of finding a specific place in the community for producing and supplying reusable sanitary pads in Kiwulwe Entebbe.

Feedback from the 'Hope For The Future':

It was the first time that vulnerable women/ girls got introduced to making reusable pads by SORAK and support from Global bridge network. It was a great experience and they were very excited about it and were willing to learn.

It was very effective because they were able to learn how to make pads. They were also very happy and welcomed the project.

We would love to continue doing this project because we are assured women's/girls menstrual hygiene will be improved, girls will be confident to go to school because there will no more lack of money to buy pads. These pads are cheap and easy to use.

We would love to continue with the pads training for sustainability both for women/ girls and the organization.

This is how it is going to be achieved, we will employ two women, one to make pads for sale and get money to continue supporting the project and another one to train more women/ girls to make pads sell them, get money and be able to sustain themselves.

We got 49 people trained and we believe if more get trained, hygiene of women/ girls will be improved and will be able to get money to sustain their families.

Conclusion:

In summary, the training was highly productive and receptive among the girls and women of Kiwulwe - Wakiso District for the trainees gave testimony of taking the project up as a business while others promised to teach other peers who didn't get a chance on that particular day as well as making some for personal use.

Although their challenges faced by girls in this area include early marriages, prostitution for survival, unemployment and not educated, great thanks go to Global Bridge Network for the financial support and bridging the Menstrual Hygiene Management gap among the school going girls both primary and secondary school to reduce school drop outs in the communities of Kiwulwe-Wakiso District. As indicated above, the target number of the drop outs must be achieved because they will keep its activity in the community.

**HOPE FOR THE FUTURE MINISTRIES IN PARTNERSHIP WITH SORAK DEVELOPMENT
AGENCY SANITARY PAD TRAINING FOR KIWULWE VILLAGE ON 20TH AUGUST 2019**

ATTENDANCE LIST-FACILITATORS

NO	NAME	ORGANIZATION
1	MUHAMMED KYEYUNE	SORAK
2	NALWANGA SHAMIM GGOMBE	SORAK
3	BABIRYE MARIA GORRET	SORAK
4	KOMUJUNI DOROTHY	BOARD MEMBER
5	NINSIIMA DIANA	DIRECTOR
6	ATUHAIRWE CAROLYNE	SECRETARY
7	KYOMUGISH AGNES	TREASURER

ATTENDANCE LIST-TRAINEES

NO.	NAME	AGE	EDUCATION STATUS
1	BABIRYE FLORENCE NASSANGA	14	School goer
2	NALWESYISO SAUDA	24	Not Applicable
3	NABAKEMBO LAILA	20	Not Applicable
4	NAKAYEMBA JACKIE	20	Not Applicable
5	NALUGO JUSTINE	31	Not Applicable
6	OZEYE PATRICIA	25	Not Applicable
7	NAMANDE VALERIA	22	Not Applicable
8	NAMUSAZI JOAN	20	Not Applicable
9	KABATORO JUSTINE	36	Not Applicable
10	BYOGERO FLORENCE	32	Not Applicable
11	NAMIREMBE VICTO	11	School goer

12	NANJERU HADIJAH	13	School goer
13	NANSUBUGA GRACE	9	Drop out
14	NAMULINDWA ALIA	13	Drop out
15	NANKATO NOEL	14	School goer
16	NALUNKUMA REGINA	32	Not Applicable
17	KATASI REBECCA	23	Not Applicable
18	NALUBWAMA RAZIA	42	Not Applicable
19	KARUNGI TRACY	21	Not Applicable
20	NAKATO NOELINE	18	Drop out
21	NALUBOWA BABRA	17	School goer
22	BABIRYE ZOUENA	23	Not Applicable
23	NAKANWAGI PROSCOVIA	40	Not Applicable
24	NABAKOOZA DEBORAH	20	Not Applicable
25	NAMALA AISHA	18	School goer
26	NAKABIRWA RUTH	12	School goer
27	NALONGO DOREEN	33	Not Applicable
28	NANKYAZI FARIDAH	27	Not Applicable
29	NAMUGENYI MARY	20	Not Applicable
30	AGABA EMILY	19	Drop out
31	TUMURANZE LOVENCE	35	Not Applicable
32	NANYONGA GORRET	40	Not Applicable
33	SSEKIKONGO MARY	51	Not Applicable
34	KAITESI PATIENCE	36	Not Applicable
35	NAMUBIRU ANGELLA	28	Not Applicable

36	NALUKWAGO KATE	37	Not Applicable
37	ASASIRA FORTUNATE	26	Not Applicable
38	ESTHER ATYENO	29	Not Applicable
39	NASASI ESTHER	38	Not Applicable
40	MUTONI CHRISTINE	33	Not Applicable
41	NAMUTEBI GETRUDE	41	Not Applicable
42	KATUSHABE EVELINE	30	Not Applicable
	SUMMARY(EDUCATION)		
1	Drop outs	4	
2	School goes	7	
3	Not applicable	31	
	Total	42	