

Roadside Primary School,
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Global Bridge Network

Project progressive report for May- August 2024

Project Name Improvement of Menstrual Hygiene Management among school girls and women in Mityana

ACTIVITY

Building skills in reusable sanitary pads making and gaining knowledge on menstrual Hygiene Management

LOCATION

Roadside Primary School Mityana.

DATE, ACTIVITY

27/5/2024, Activity 1.1 Community Mobilization.

5/6/2024, Activity 1.2 Awareness raising meeting

13/6/2024, Activity 1.3 Buying materials and launching the activities

20/6/2024 Activity 1.4 Reusable sanitary pad trainings

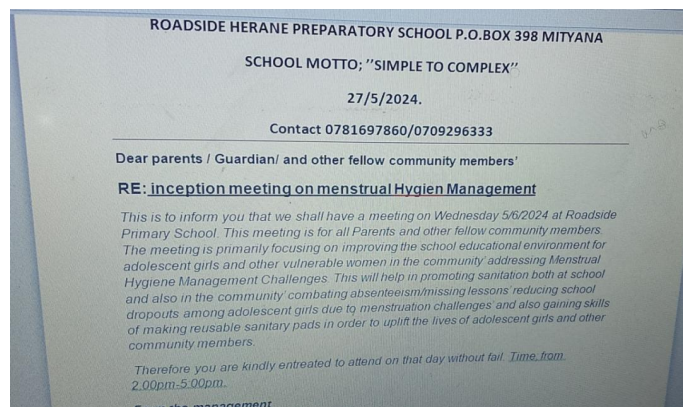
BACKGROUND

In 2024 Roadside primary school got support from Global Bridge Network of three sewing machines and some materials used in making reusable sanitary pads. This happened after being visited by GBN team at school in 2023 where the administration of Roadside Primary school introduced the challenges faced by learners especially girls during their menstruation periods including; absence of changing room at school, poor sanitation due to lack of stable source of water, absence of sanitary wears at school, lack of knowledge and information about menstrual Hygiene Management at school and also in the entire community.

PROGRESS OF EACH ACTIVITY

<Date 27/5/2024> Activity 1.1 Community Mobilization

Parents, children, teachers and other community members were mobilized using simple drafted letters and community megaphones that intended to inform them about menstruation awareness and organized by school administration that will take place on 5/6/2024 at roadside primary school.





Project manager Robert Kyeyune a teacher and also a director of Roadside primary school informing the community members about menstruation awareness that will take place on 5/6/2024 at Roadside primary school.

Since we had no ability of facilitating people' like preparing for them food' giving them transport refund etc.' we decided to reach at their workplace physically. The work place we visited include; shops, boda boda stages' carpentry workshops and markets. So we managed to reach to one hundred and seven different workplace. We talked to them face to face about menstrual hygiene management challenges and the solutions they had. We also invited and requested them to attend awareness raised meeting on menstrual hygiene management organized at Roadside primary school' which took place on 5th day of June 2024. In the beginning most of the people we encountered thought that we have come to donate or give them free pads but after explaining to them. They listened to us and welcomed the program of free reusable sanitary pad making skills and promised to come in awareness meeting which was organized at Roadside primary school massively. They also told us that this program will save a very big number of women and other adolescent girls who are always using papers and other un recommended materials during their menstruation periods.

<Date5/6/2024> Activity 1.2 Awareness raising meeting

The administration of Roadside Primary school and the entire team led by project manager Robert Kyeyune, programs manager Nabandeké Ziadah, finance officer Kasujja Geoge William, senior woman teacher Ajibo Sarah Ssemakula, MŞE officers peter and Kaweesi paddy raised awareness meeting for parents children and other community members where parents supported the idea of making reusable sanitary pads at school and also in the community which will help in reduction of Menstrual Hygiene Management challenges e.g adolescent girl's school dropouts, missing lessons and discrimination during menstruation. Parents also thanked the GBN team for the support given and promised to work hand in hand with school administration and GBN team in order to promote skills through sanitary pads making and combating the challenges of menstrual hygiene management. The meeting facilitated by Mr. Abdul Muyimbwa who represented the Mityana municipal Healthy inspector Mr. John Katumba.



Project manager Robert Kyeyune and also the director at Roadside Primary school showing some of materials to parents, teachers and other community members that are used to make a reusable sanitary pad.

<Date13/6/2024> Activity1.3 Buying materials and launching the activities

All materials needed to make complete reusable sanitary pads were brought and presented to project beneficiaries at Roadside Primary school and project manager & the director Robert Kyeyune and also one of the teachers at the school mentioned above launched the trainings

PURPOSE OF THE TRAINING

The purpose of the training is to improve schools 'educational environment for adolescent girls by addressing menstrual hygiene challenges in Uganda through awareness and reusable sanitary pad making skills.

TARGETED BENEFICIARIES

This project intends to provide 60 adolescents both boys and girls aged' 12 to 18 and other 20 community women aged' 19' to 40 with knowledge information and skills to make reusable sanitary pads in order to change their lives and sustaining them while at school. Due to inadequate machines we decided to train 9 girls and 3 boys from school and 4 community members perfectly. these will train fellow pupils and other community members to ensure project sustainability and tenure.



Selected learners touching on the material together with project manager at Roadside main hall

<Date20/6/2024> Activity1.4 Reusable sanitary pad trainings

On the above date we conducted the first day sanitary pad training at Roadside Primary school, we went through the entire training successfully as shown in pictures below



The first word from project manager about MHM made learners laugh and paying attention.

Learners attentively noting down materials needed in making reusable sanitary pads and

steps taken.



Some of our team members actively participated in pad measurements together with learners for project sustainability.



Excitement among learners after final cutouts from measurements followed on papers.



After sketching a reusable sanitary pad shape, learners are tracing it on materials given.



Finally every one managed to come up with a complete reusable pad shape.

CONTENT COVERED

- General overview of menstrual Hygiene Management
- Signs and symptoms /characteristics of menstruation
- Proper use and storage of sanitary products
- Measurements of reusable sanitary pad making.
- Material required in making reusable sanitary pads.
- Cutting and tracing of reusable sanitary pads.
- Arrangement of materials used in making reusable sanitary pads
- Menstrual cycle

PROJECT OUT COMES

During the course of this first quarter learners were able to;

- Identify signs and symptoms of menstruation
- Know the menstruation cycle
- Acquire knowledge and information about menstruation hygiene management
- Identify the materials needed in making reusable sanitary pads
- Measure sketch trace and cut reusable sanitary pads.

CHALLENGES FACED DURING IMPLEMENTATION OF THIS FIRST QUARTER

- High expectations among project beneficiaries i.e. Free education to everyone who actively participates in training and also getting free sanitary pads since it is a donation.
- Increased number of learners and community members who are yearning to join the training yet the materials and machines used are limited
- Limited source of income has sabotaged the team during project implementation some materials were inadequate which made it difficult to run the project smoothly

CONCLUSION

The management of Roadside primary school and the entire community appreciates the support got from GBN team together we can improve MHM and combat all the challenges therefore this quarter has been successful and beneficial to our learners and the entire community.



Second quarter loading soon.