

Roadside Primary School,
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The Global Bridge Network

Project progressive report for July- October 2024

Project Name Improvement of menstrual Hygiene Management among girls and women in Mityana

ACTIVITY

Building skills in reusable sanitary pads making and gaining knowledge on menstrual Hygiene Management

LOCATION

Roadside Primary School Mityana.

DATE, ACTIVITY

1st/7/2024, Activity 2.1 Training community members how to make reusable sanitary pads using a sewing machine

21/7/2024, Activity 2.2 Hands on by community members using sewing machine

9th/9/2024, Activity 2.3 Groups music training for GBN' sanitary competition

24/9/2024, Activity 2.4 Training learners how to sew a reusable sanitary pad using sewing machine

14th/10/2024, Activity 2.5 Learners trying to sew sanitary pad using sewing machine.

INTRODUCTION AND BACKGROUND

In 2024 Roadside primary school got support from Global Bridge Network of three sewing machines and some materials used in making reusable sanitary pads. This happened after being visited by GBN team at school in 2023 where the administration of Roadside Primary school introduced the challenges faced by learners especially girls during their menstruation periods including; absence of changing room at school, poor sanitation due to lack of stable source of water, absence of sanitary wears at school, lack of knowledge and information about menstrual Hygiene Management at school and also in the entire community.

PROGRESS OF EACH ACTIVITY

<Date 1st/7/2024> Activity 2.1 Training community members how to make reusable sanitary pads using a sewing machine

Using the donation of sewing machines got from GBN, we managed to provide 10 community members with knowledge information and skills about menstrual hygiene management and reusable sanitary pad making. PURPOSE OF THE TRAINING intends to avoid vulnerable women from using unsafe materials like dirty cloth, polythene bags, papers, etc. during their menstruation periods. This activity will also help unemployed women to become self-employed that will lead to the promotion of their rights and feeling comfortable in their respective areas. Due to inadequate sewing machines and materials, we decide to train ten community members and we select four of them who have gained skills effectively in order to train other fellow community members for project stability and sustainability.

CONTENT COVERED IN THE ABOVE ACTIVITY

Assembling of sewing machine.
Operating of sewing of machine.



Young vulnerable women from the community following the instructions from our trainer in blue T shirt.

<Date 21/7/2024> Activity 2.2 hands on by community members using sawing machine

PURPOSE OF THE TRAINING.

This activity intended to provide skills of reusable sanitary pad making amongst targeted community members who participated Activity 2.1 in order to avoid using unhealthy wears during menstruation periods, promoting menstrual hygiene management, and also combating discrimination among vulnerable women in the community during their menstruation. The first time (Activity 2.1) members were trained how to sew a reusable sanitary pad with the help of the trainer while the second time they tried to make their own pads without the help of their trainer.

CONTENT COVERED IN THE ABOVE ACTIVITY

Arranging materials that are used to make reusable sanitary pad in their orders.
Sewing reusable sanitary pads using sewing machines.



Community members are trying to gain skills of reusable sanitary pads making using machines got from GBN together with trainer.

<Date 9th/9/2024> Activity 2.3 Groups music training for GBN' menstrual hygiene management Competition

Here learners were preparing for GBN menstruation hygiene management music competition that will be held at roadside Primary school Mityana during the end of the project. **PURPOSE OF THE TRAINING** intends to form three groups of 12 members each aged 10-16 within the school and compete on menstrual hygiene management challenges together with the solutions through music dance and drama. The winning team will be taken in the studio to record their song then the song will be supplied to the parents and in the entire community to ensure vigilance about menstrual hygiene management challenges in schools in order to avoid diseases, missing lessons, school dropouts' stigma and discrimination among girl child during their menstruation periods.

CONTENT COVERED IN THE ABOVE ACTIVITY

Lyrics are fully composed

Mukiyungu twavaayo mukiyungu eh

Twayiga noluzungu twavayo mukiyungu eh

Abamu tuli bakungu twavaayo mukiyungu abakyala. Etc.....



The group named Maiko during their training.

<Date 24/9/2024> Activity 2.4 training learners how to sew a reusable sanitary pad using sewing Machine

Selected 12 learners both boys and girls (12 years old) of roadside primary school with the guidance of a skilled teacher gaining skill of sewing reusable sanitary pads using machines



Learners attentively trying to make a reusable sanitary pad as seen above.

<Date 14th/10/2024> Activity 2.5 learners trying to sew sanitary pad using sewing machine

Here learners same as activity 2.4 of roadside primary school managed to make a reusable sanitary pad at their own without the help of a teacher. This activity intended to review the previous work we have been training them to ensure the stability and sustainability of a project. Each learner has the ability to coming up with 2 pads.



Learners attentively trying to make a reusable sanitary pad as seen above.

END