

Roadside Primary School,
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The Global Bridge Network

Project progressive report for January -March 2025

Project Name Improvement of menstrual Hygiene Management among girls and women in Mityana

ACTIVITY

Building skills in reusable sanitary pads making and gaining knowledge on menstrual Hygiene Management

LOCATION

Roadside Primary School Mityana.

DATE, ACTIVITY

27th 1/2025 Activity 4.1 training more learners how to make reusable sanitary pads

13th 2/2025 Activity 4.2 shaping and cutting of reusable sanitary pads

27th 2/2025 Activity 4.3 sewing reusable sanitary pads by learners using sewing machines

10th 3/2025 Activity 4.4 training more learners how to make reusable sanitary pads with the assistance from community members who have already learnt

INTRODUCTION AND BACKGROUND

In 2024 Roadside primary school got support from Global Bridge Network of three sewing machines and some materials used in making reusable sanitary pads. This happened after being visited by GBN team at school in 2023 where the administration of Roadside Primary school introduced the challenges faced by learners especially girls during their menstruation periods including; absence of changing room at school, poor sanitation due to lack of stable source of water, absence of sanitary wears at school, lack of knowledge and information about menstrual Hygiene Management at school and also in the entire community.

PROGRESS OF EACH ACTIVITY

<27st/1/2025> Activity 4.1 training more learners how to make reusable sanitary pads

This activity intended to train 30 learners both boys and girls including 4 boys and 26 girls in line of reaching the 60 targeted adolescents. This marked the number of 47 trained out of 60 who have managed to gain the knowledge of making reusable sanitary pads.

PURPOSE OF THE TRAINING intended to train all targeted vulnerable children in line of helping them from using unsafe materials like dirty cloth, polythene bags, papers, etc. during their menstruation periods. This will also help in reduction of girl child school dropout and missing lessons during their menstruation periods due to absence of sanitary pads at school.



Community team leader trying to show the learners the actual size of reusable sanitary pads

<13th 2/2025> Activity 4.2 shaping and cutting of reusable sanitary pads

In this activity learners managed to come up with a very good shapes from all materials used to make reusable sanitary pads



Learners trying to show the cutouts made by the selves.

PURPOSE OF THE TRAINING was to ensure that all target number of children are empowered' well trained and skilled through reusable sanitary pad making in line of improving M.H.M in order to remain in school without menstrual inconveniences.

<27th 2/2025> Activity 4.3 sewing reusable sanitary pads by learners using sewing machines

In this activity learners managed to practice their ability of making reusable sanitary pads by sewing the shapes they made as shown in 4.2



Hands on by leaners trying to sew reusable sanitary pads using sewing machine

PURPOSE OF THE TRAINING is to provide the learners with modern skills of reusable sanitary pad making using sewing machines with the intention of improving M.H.M in schools and also in their respective area.

<10th 3/2025> Activity 4.4 training more learners how to make reusable sanitary pads with the assistance from community members who have already learnt.

in line of promoting MHM at school and also giving every child opportunity to learn how to make a reusable sanitary pads' we decided to train learners in different sessions due to inadequate machines we have. Therefore we normally select learners according to their age and we train them with the help of their fellows who have already learnt



two of the trained community members and some of learners who have already learnt helping their fellows how to operate sewing machine in order to come up with a very good reusable sanitary pad

PURPOSE OF THE TRAINING is to train more learners how to make a reusable sanitary pads using sewing machines.

THE END